



Weekly Peace Decree



The Rested Return

I am not lazy for resting.

I am wise.

Rest is the return to my original rhythm —
where noise fades and knowing rises.

I do not earn my right to stop —
I reclaim it.

Even in stillness, I am growing.
Even in quiet, I am becoming.

“My rest is a strategy, not a stall.”



Created with love by Peace Practitioner

